



Welcome to the 3 Heart Workshop! Below you will find a list of supplies you may want AND need for this class! Just like in my She Art Workshop, I have divided the supply list into two sections

The First list.. The basics. is a list of supplies you will definitely want to have on had and will need to participate in the class as far as creating your own art journal pages.

The second is a list of all the FUN new techniques I will be showing you in class. Keep in mind, this is an art journaling class and the purpose of this class is to discover the hearts you have and what you have to share. You can create this art journal with basic paints, pens and papers.. So do not feel like you have to purchase these product to participate! These are just fun products I use in my art journal and show YOU how to use.. To create unique creative backgrounds for your art journaling! You can also use these products on canvas and other surfaces as well and incorporate them into your other mixed media projects! I will be showing you through the 3 weeks of class how to use these products. So you may want to wait until the class starts and see how these products are used, to purchase them! There will be even more products in class.. But too many to list.. So these are just a few to get your started.. .

We carry Most of these products in my shop or are arriving in the next week!

www.scarletlime.com

And I have created a category called “3 Hearts Workshop” where all the products I used in the class can be found. So watch for that!

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•**Memorabilia-**

•since this class is about YOU and your hearts.. Start collecting memorabilia that you may want to include like receipts from your favorite stores, wrappers or tags from your candies or stores, journal entries, pictures, letters, artwork, how about a copy of your drivers license. Don't worry.. you can photocopy ANY Of them.. But you need to start collecting things that represent YOU. You will want them on hand I promise

•**Old magazines , catalogs and Books**—keep in mind you will be cutting these up and using them in collage on our journals.. So find ones you don't mind cutting up! Also keep in mind you can make copies of any pages of things you may want

•**Hearts-** Hearts , hearts and MORE hearts. Since this is the theme of our art journals.. Try and collect things that you might see that have hearts on them! Not stamps or stencils.. But look for fun things In your everyday life.. Like heartshaped doilies, heart pictures on catalogs or in books. THINKS HEARTS!

•**Glues:** I LOVE Deco Art's new DecoPauge for art journaling because of the smooth texture it leaves. But you can also use Mod Podge, Collage Art or a Gel Medium from Golden, Liquitex or Claudine Hellmuth

•**Gesso-** : you will need LOTS and LOTS of Gesso! This is for priming your pages! I tried out several brands and my two favorite are ProArt (which we carry in the store) and Claudine Hellmuth's Gesso. You want one that isn't rough.. You want it smooth.. So you can paint over it, use oil stocks over it.. And watercolors!

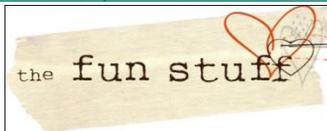
•**Basic Paint Brushes and Flat Brushes** : you will need a set of basic paint brushes, but you will also want some 1" bristle brushes as well as 1" and ¾" flat paint brushes for watercolor use and for apply the glue more evenly. (these are available in our store)

•**Basic Acrylic Paints and watercolors pencils** – your favorite colors and they can be just the basics

Art journals (preferably two)- you can use any size of art journal.. I like the 8x10 size.. But any size will work. In this class you will be working on your 3 hearts. The one you share with the world, the one with your family and the one for yourself. If you want to keep the one to yourself VERY private.. I would suggest using a second art journal for that.. So that you can keep it private but share your other art journal with friends and family!

•**Doodling Pen AND markers-** for this class you will need some good pens AND markers for both doodling and writing. I like the Permaball Pilot Pen for doodling and small writing, but I like to use the Faber Castel Pitt Pens for large journaling. I also like to use the Ranger Adirondack Pens as well!

•**Keep in mind.. These are just BASICS.. Meaning.. If this is all you have.. You can still create a great art journal with it. But I will introduce you to soo much more on the second page!**



- **Shiva Artist PaintSticks:** these are an oil based paintstick.. And so fun to use for creating texture and color!
- **Pan Pastels and Perfect Pearls:** *these are a dry pastel that you can “paint” with and draw with for texture and color*
- **Stencils and Masks:** *again for texture and background designs going to be using them in new different ways with new products*
- **Stamps and Ink Pads**—*for creating more texture. Plus I will show you fun ways to use them.. Different than in the She Art workshop!*
- **Stains and Inks:** *I like Ranger Stains, Liquitex Inks, Dr. Martin Inks and Ranger Alcohol inks! I will show you how to use all of them*
- **Watercolor pencils or blocks:** *I like the Faber Castel ones and will also be using the Inktense Blocks. But any brand will work.*
- **Resist Products:** **Gelly Roll Glaze Pens, watermark resist pads, Gesso, Distressed Embossing powders (I will show you how to create a resist with all of these.)**
- **Image Transfer products:** *Gesso, Gel Mediums from Liquitex or Golden, also UTEE will work, Sitcky Back Canvas, DecoPauge or Mod Podge will work too. I will show you how with all of these above!*
- **Paints and Mediums:** *Modeling paste, Crackle Paint, other fun stuff that I will show you how to use!*
- **Pens and Markes:** *there is a ton of art journaling markers out on the market.. I like Faber Castell Pitt pens, the big brush pens and the Ranger Pens. I also LOVE Sakura pens.. But just find your favorites!*
- **Wax mediums:** *I like using the MeltArt Melting Pot as well as Ranger Beeswax for fun techniques. Also enjoy using regular crayons and UTEE.. (ultra thick embossing powders)*

There will be a lot of other products we use in class.. But these are just a few.. Truly.. Wait and see how they are used and then see if you like the technique it produces! You will be able to decide and then purchase later!